

Senior Outreach Ministry Report to CUMC Council
May 14, 2014

The Senior Outreach Ministry is pleased to report the following:

- Pastor Grace, Sylvia Kufperer, and Lynda Krazinski have completed the plan for the next **Wisdom Services** on May 17 and 18. In addition to the booklet with information about our members 90 years old and older, we have designed the services to allow for our 90+ members to be honored first with a special presentation at the 5pm Saturday service, then with a separate presentation at both Sunday Services. This year we have invited family members of some of our honorees to give a brief testimonial relative to the greatest risk the individual took during their lives to follow their passion and what led them to take the risk.
- We have changed the frequency for our **Issues in Aging Seminars** from monthly to quarterly. The Senior Outreach Ministries booklet has been updated to reflect this change. Our next seminar will be on June 5 from 11a-1p with a special “Getting Organized” workshop (including lunch) presented as a community service by Simon Granner with Trivent Financial, part of Lutheran Family Services. Registration is limited to the first 30 participants who RSVP to the church office.

We plan to re-schedule Cheryl Ghlassan's presentation on the new Self Administered Gerocongitive Examination (SAGE) and how it may be used to identify changes in cognition over time.

- Our **Exercise for Life** class sizes continue to be smaller (average of 10-12 per class) during the past two months. Enthusiasm remains high.
- Based on the favorable response to our combined **Reminiscence and Fellowship Services** we will continue this format through the summer months.
- We continue monthly services with communion at the assisted living and skilled nursing facility, **Westbury of Lisle**. Currently volunteers who assist with the service include Pastors Grace and Sarah, Jeanette Bartels, Bob and Joanne Jaynes, Sylvia Kupferer, Pat Shanower, and Nancy Whittington,
- Our **STARS (Spiritual Time and Renewal After Stroke)** continues monthly and has recently seen several new caregivers join the group. At our last group, a suggestion was made to develop a prayer room near the sanctuary for individuals who may wish to use the room for prayer or silent meditation. We have asked that this be discussed by the leadership team and, if an appropriate location can be found, the STARS team will move forward with developing the room using funds from our grant and donations.
- A **Family Wellness Event** will be held in 2014 (date TBA); It is our hope to provide a fun and informative event for our congregants and our community.
- Since our last two shows have been so well received by our congregation, **Community Quilters** and our prize winning quilters have plans for another Quilt Show in the Fall
- A separate secure storage cabinet is needed to store materials for our STARS and senior services groups. We have asked that we be given permission to purchase storage cabinets that could be placed in the Parlor for this purpose

We continue to be blessed with the support of many volunteers and of the ministers and staff of CUMC; without their help, none of the above would have been possible.

Respectively submitted,

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