

SENIOR OUTREACH REPORT TO THE CUMC COUNCIL
SEPTEMBER 5, 2015

An evaluation of the CUMC ministry for our older adult congregants has recently been completed. On the whole, we have a well rounded program for our seniors that includes activities by our Senior Outreach Team, Parish Nurses, and Pastoral Care. As we approach the fall and look to 2016, we have a busy agenda.

SUCCESSFUL AGING: At the request of some of our members who have been unable to attend the Tuesday seminars, we will be moving our time slot to the first Wednesday of each month at 10:30am effective in October. Also, in addition to notices in the church bulletin, we will be compiling an email list that we can use to alert those who are interested about the topics to be presented. Due to the busy times for our congregants around Labor Day, we will not meet in September.

STARS: We will be updating our bookmark and re-distributing them to local hospitals and rehabilitation clinics. Also, we will be working with Ted Waltmire and the Community Players to put on performances of the musical comedy "The Mighty Ted" either in the spring or fall of 2016.

EXERCISE FOR LIFE: We have noticed that most of the participants in our EFL class are what would be classified as active adults even though the class is designed to those who are mobility and health challenged. Our instructor is looking at ways we can encourage participation of more of these individuals. In March of 2016, we will be submitting a proposal for a Creative Ministry Grant from the Northern Illinois Conference. We will be asking for grant money to help to produce an exercise video that can be used at home or in groups of active and mobility impaired adults.

BROOKDALE CHAPEL SERVICE: We plan to offer a training session for the activity and ancillary staff at Brookdale. In this session we will outline how our services are designed to nurture the individuals faith/soul and meet some of their spiritual needs. In addition, we plan to discuss ways the Brookdale staff can become more involved in the services. We are also working on a plan to identify more of our congregants who might be interested in volunteering to assist with this service.

ECUMINICAL ADULT CARE (EAC): Services have been going well at EAC and we are happy to be able to welcome Jolene Bastunes as pianist for our services. At one of our next services we look forward to being able to sing a hymn that was written by one of the individuals who participated in the EAC program.

COMBINED INTERFAITH SERVICE: Within the next month, we will be updating our Senior Outreach booklet and sharing it with senior care facilities in the local area.

QUARTERLY MUSICALS: We will continue to work with Chris Garofalo to make quarterly musicals available. The next one will be on October 25 and will feature the life and works of Claude Debussy.

AFTERNOON AT THE MOVIES: This is a new idea for our mature adults. Since many of the mature adults in our congregation find it difficult to drive at night, we are planning to show classic movies at least quarterly. We hope to be able to begin this activity in early December.

ASSESSING THE NEEDS OF OUR MATURE ADULTS: We are currently discussing a plan in conjunction with the Parish Nurse Team to find out more about our mature adult congregants. In particular, we would like to know more about activities and programs that CUMC could offer to make

their lives better from a spiritual and interpersonal perspective. By the way, do not be surprised if you hear about a plan for a CUMC Telethon this fall.

Respectfully submitted,
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